

Stage Presence Workshop

May: Thank you Stacy for your amazing workshop. We can't wait to use what you taught us today in our chapters and regions this year. Please accept this as a token of our appreciation.

Taylor: Now May and I will show you the basic stage presence for you can use to be a good officer.

May: At your region meeting, your officer team will be sitting on stage at a table. When setting up your table at meeting you should be like how Taylor's set her table right here. *Look at Taylor desk* Taylor! No No No

Taylor: What?

May: This is not how you should set up your table.

Taylor: Why not? I have everything I need on my table. I have my name tag, my pen's, my binder, all the paper I need, and I'm looking like a busy woman right now.

May: No Taylor, you should be more organize.

Taylor: Organized? I'm not looking organized right now?

May: Obviously not organized at all.

Taylor: Oh come on, I only have this much stuff on my table.

May: How about we put away some pens.

Taylor: Okay. *put some pen away*

May: Put away all your paper.

Taylor: All of my paper away?

May: Yes but you can keep your program out.

Taylor: Okay, I'll put it away. *put paper away*

May: And we will leave your name tag here.

put name tag in the right place

Taylor: Okay.

May: Do you see how much organize your table is right now?

Taylor: Yes I do. Everyone, take a moment to evaluate your workspace right now.

May: What would you need to change if you were sitting on stage right now?

(wait for people to organize table)

Taylor: Great job guys! You all look way more organized!

May: Another thing you guys need to remember is posture. Make sure to sit up straight because everyone will be looking at you.

Taylor: That's right. You don't want to be slouching because you all need to set a good example for others.

May: Remember being organized and having good posture makes you look more professional. What should we show them next?

Taylor: I know! We should show them how to stand and speak at the podium.

May: Okay guys. I will show you an example of how to stand at the podium.

go to the podium and stand lean into the podium with 2 hand on the podium

Taylor: *don't look at May* As you may know, for you all officers and us, it's really important for we to look as professional as we can when either stand or speak at the podium.

May: I agree.

Taylor: *look at May* Okay, now, as you can already probably tell, this is not how you should stand on the podium.

May: Wait what? Why not?

Taylor: You should not lean into the podium. That means you should stand up straight.

May: *stand straight and keep hand on the podium*

Taylor: Next, you should not keep your hands on the podium all the time.

May: *take hand off the podium*

Taylor: You can take you hand and flip to the next page of scripts but keep in mind that you should not keep both of your hand on the podium.

May: Am I good now?

Taylor: Yes you are. Now present the script I had prepared for you on the podium.

May: *read the scripts fast and stare at it*

Taylor: Okay Okay. May stop for a second. You should speak slowly and clearly, so everyone can hear and understand what you trying to say.

May: Oh okay I got it.

Taylor: Also when reading a scripts you should not stare at the script all the time. You should look at the audience when speaking. To be able to do this, you must have practiced lots before the meeting. Scripts are only for reference and should never be fully read.

May: Okay, got it. Can I adjust the microphone before I read the script?

Taylor: Yes you can.

May: *grab the mic itself and put close you your mouth as possible.

Taylor: Mayyy when you adjust the mic you should grab the neck of it, not the mic itself.

May: Oh okay sorry.

Taylor: Andddd you should put the mic about two hand width away from your mouth.

May: Oh really, I didn't know that. *show example*

Taylor: Remember, you always need to have good posture, whether you're sitting at the table, or standing at the podium.

May: Let's see how good your posture is! Can everyone please stand?

Taylor: Make sure your back is nice and straight and elongated.

May: And shoulders back. Chins up.

(Taylor over exaggerates chins up)

May: (sighs and shakes head) Ok Taylor not up THAT much. Chins up A BIT. You want to look confident. NOT like there's something wrong with your neck. Wow Taylor everyone looks amazing!

Taylor: Yeah we're doing such a great job teaching everyone!

(high five)

Taylor: Now you can use these tips and apply them to chapters or region presentations.

May: Now we are going to talk about how you can give a presentation.

There is A LOT of preparation that goes into a presentation.

Taylor: For a workshop, you need to make a powerpoint and write a script, so you know what you're going to say.

May: And try to memorize your script because that will allow you to walk around the stage instead of just standing at the podium.

Taylor: When you walk around the stage and use hand gestures, the audience will pay more attention to you and be more awake.

May: Aside from just walking on stage, you want to incorporate as much audience participation as you can. Because if you just keep talking and talking and go on and on, you'll surely lose the audience's attention.

Taylor: Try to ask the audience lots of questions or even ask for volunteers to come on stage. The more interactive you are, the better.

May: Now we will have a practice round. We will have you guys work in your region officers team and write a presentation script for your chapter to recruit more members at the start of the school year. Think back to when you first heard a presentation about becoming a member. What was included? What got you interested? If someone in your group has a laptop, you can even work on a visual presentation.

Taylor: You will have 10 minutes to work on it. After that we will pair groups up randomly and you guys will present it to us.

May: Time is up! Everyone please pause of a little bit.

Taylor: Now I will randomly pair groups up. So region 2 team will partner up with region 6 team, region 4 with region 9, and regions 5, 8, and 10 together.

(wait for groups to team up)

May: Now, You will have 5 minutes to talk with your whole team and after that we will present.

Taylor: Time starts now.

(after 5 minutes)

Time is up. Can I have region _ and _ together present theirs.

You guys all have a really cool idea presentations. Everyone is now ready to present at the start of the school year to their chapters to recruit more members.

May: With all these tips we shown you, you'll definitely impress your region's members and advisors with how will you present yourself.

Taylor: We look forward to seeing all your presentations at Fall Meeting!