

Menu Planning and Table Display, an individual event, recognizes participants enrolled in Family and Consumer Sciences and/or related occupations skills to demonstrate their skill in menu planning. In this event, the participant will plan a lunch or dinner menu for two (2) people based on the current state theme.

#### **CAREER CLUSTER/CAREER PATHWAY**

- Food Service and Hospitality
- Hospitality and Tourism Restaurant and Food and Beverage Services Pathway
- Food Science, Dietetics, and Nutrition

# **Connection to California CTE Model Curriculum Standards**

Hospitality, Tourism, and Recreation

#### **EVENT CATEGORIES**

Junior: grades 6–9 Senior: grades 10–12

#### **PROCEDURES & TIME REQUIREMENTS**

- 1. The participant will provide three (3) copies of File Folder with all items on the File Folder Specifications page.
- 2. Participant is responsible for bringing all materials for the table display.
- 3. A maximum of thirty (30) minutes will be allowed to set up displays.
- 4. Participant will give an oral presentation that is up to 3 minutes long.
- 5. Following the presentation, evaluators will ask questions for up to 2 minutes.
- 6. Evaluators will have up to 5 minutes to use the rubric to score and write comments for each participant.

#### **ELIGIBILITY & GENERAL INFORMATION**

- 1. Review "Eligibility and General Rules for All Levels of Competition" on page 87 of the FCCLA COMPETITIVE EVENTS GUIDE.
- 2. Participant must have completed a course or be currently enrolled in a Family and Consumer Sciences program.
- 3. Participant must bring all necessary supplies.

GENERAL INFORMATION								
Individual or Team Event	Prepare Ahead of Time	Equipment Provided	Electrical Access	Participant Set Up/Prep Time	Evaluator Review Time	Maximum Oral Presentation Time	Evaluation Interview Time	Total Event Time
Individual	File Folder, Recipes, and Table Display	3' by 4' Table	Not provided	30 Minutes	5 minutes per exhibit	3 Minutes	2 Minutes	35 minutes

PRESEN	ESENTATION ELEMENTS ALLOWED								
Audio	Costumes	Easel(s)	File Folder	Flip Chart(s)	Portfolio	Props/ Pointers	Skits	Presentation Equipment	Visuals
			•			•			•

## Menu Planning and Table Display Specifications

### File Folder

Participant will submit one letter-size *file folder* containing three identical sets, no more than 14 pages total, with each set stapled separately, of the items listed below to the event room consultant at the designated participation time. The *file folder* must be labeled (either typed or handwritten) in the top left corner with name of event, event category, participant's name, and state.

1-81/2" x 11" page	Project Identification Page	Must include participant name, chapter name, school, city, state, event name, and title of project.	
1-81/2" x 11" page	FCCLA Planning Process Summary Page	Summarize how each step of the <i>Planning Process</i> was used to develop the Menu Planning and Table Display project.	
1-8 ½" x 11" page	Evidence of Online Project Summary Submission  Complete the online project summary form located on the "Surve FCCLA portal, and include proof of submission in the file folder.		
1 - 8 ½" x 11" page	Menu	Menu for given meal for two people based on the current theme.	
1 to 5 - 8 ½" x 11" page(s)	Recipes	All recipes with ingredients and directions used in the menu. NO PHOTOCOPIES OF RECIPES FROM BOOKS OR TEXTBOOKS WILL BE ALLOWED. Beverage recipes are excluded.	
1 to 5 - 8 ½" x 11" page(s)	Nutritional Analysis	Create a nutritional analysis using the template provided that includes the following:  1. Serving Size 2. Calories 3. Protein 4. Fat 5. Cholesterol 6. Carbohydrates 7. Sodium	

### **Table Display**

The participant will develop a table display for two (2) people.

Table Service	i.e.: knives, forks, spoons, etc.
Centerpiece	Edible or non-edible
Place Settings	All appropriate dishes to match menu
Menu Card	The printed card shall be no larger than 4" x 6" (mounting or frame may be larger). The card must list the title of the display, theme, and menu. The title can be the selected theme or a creative name incorporating the theme.

### **Oral Presentation of Project**

The oral presentation is a time for the participant to present to the evaluators. The presentation is intended to be a 3-minute presentation during which the student will discuss the rationale for choosing their menu as it relates to the theme, how the menu is a balanced meal and meal appeal (flavor, texture, form or shape, method of preparation, taste, and color).

Following the presentation, evaluators and participants will have a 2-minute follow-up question and answer period.

Organization/Delivery	Deliver oral presentation in an organized, sequential manner; concisely and thoroughly summarize research.
Knowledge of Subject Matter	Demonstrate thorough knowledge of industry related vocabulary to the participant's chosen project.
Voice	Speak clearly with appropriate pitch, tempo, and volume.
Body Language/Clothing Choice	Use appropriate body language including gestures, posture, mannerisms, eye contact, and appropriate handling of visuals or note cards if used. Wear appropriate clothing for the nature of the presentation.
Grammar/Word Usage/Pronunciation	Use proper grammar, word usage, and pronunciation.
Responses to Evaluators' Questions	Provide clear and concise answers to evaluators' questions regarding the project.

## **Competitive Recognition Events Point Summary Form**

Name of Participant				
Chapter		State <u>CA</u> Individual #	Station # Category	
show, please write 2. Before student presidence and fill in the 3. At the conclusion of evaluators' verificate together. Please do 4. At the end of computo the Lead or Assi	"No Show" acrossentation, the room boxes.  If presentation, vertion. Place this for NOT staple, retition in the room stant Lead Consu	s the top and return with oth m consultants must check porify evaluator scores and fill rm in front of the completed n, double-check all scores and ultant.	not participating, cross the name off. If the team do er forms. articipant's file folder using the criteria and standard in information below. Calculate the final score and rubrics and paper clip all items related to the present names to ensure accuracy. Sort results by order re any questions regarding the process.	ds listed ask for ntation
ROOM CONSULTANT C  CRE Dress Check 0 or 3 points	Clothing do	0 es not meet official dress requirements	3 Clothing meets all official dress requirements	Points
Orientation/Punctuality 0 or 1 point		0 did not attend or was late	1 Participant attended and was on time	
File Folder 0–4 points	File folder exceeds the 14 page maximum limit	1-2-3 File Folder presented with incorrect labeling/ insufficient materials for evaluators (less than 3 copies of contents) or incomplete content	4-5-6 File Folder is presented with correct labeling and sufficient evaluators material  Project ID page Planning Process Summary Project Summary Submission Proof Menu Recipes Nutritional Analysis	
EVALUATORS' SCORES	1		ROOM CONSULTANT TOTAL (10 points possible)	
Evaluator 1	Initials	_		
Evaluator 2	Initials		AVERAGE EVALUATOR SCORE (90 points possible)	
Total Score	divided by number	er of evaluators  ALUATOR SCORE	FINAL SCORE (Average Evaluator Score plus Room Consultant Total)	
RATING ACHIEVED (circle one			Bronze: 1–69.9	

Evaluator 1 \_\_\_\_\_ Evaluator 2 \_\_\_\_ Evaluator 3 \_\_\_\_ Adult Room Consultant \_\_\_\_ Event Lead Consultant \_\_\_\_

### Rubric

Name of Participant				
Chanter	State CA	Individual #	Station #	Category

RECIPE PACKE	T/FILE FOLDE	ER CONTENTS	3				Points
FCCLA Planning Process Summary Page 0–5 points	0 Planning Process Summary not provided	1 Inadequate steps in the Planning Process are presented	2 All Planning Process steps are presented, but not summarized	3 All Planning Process steps are summarized	4 Evidence that the Planning Process was utilized to plan project	5 The Planning Process is used to plan the project, each step is fully explained.	
Body Language/ Clothing Choice 0–3 points	Uses inapp gestures, po mannerisms, s contact/inap clothin	osture or avoids eye propriate	1 Gestures, posture, mannerisms and eye contact are inconsistent/clothing is appropriate	Gestures mannerisms and clot	, eye contact, mar	3 Gestures, posture, nerisms, eye contact, d clothing enhance presentation	
Menu 0–15 points	0 Not provided	1–2–3 Not appropriate to theme, does not have variety, color, texture	4–5–6 Faintly appropriate to theme. Minimal variety, color, texture	7–8–9 Somewhat appropriate to theme. Limited variety, color, texture	10–11–12 Appropriate to the theme. Adequate variety, color, texture	13–14–15 Appropriate to the theme, has variety, color, texture, shape, and is well balanced	
Recipes 0–5 points	0 Not provided	1 Recipes are incomplete and poorly written	2 Recipes are complete, but lack detail and consistency	3 Recipes are complete, but has limited detail and consistency	4 Recipes are complete and detailed with minimal discrepancies	5 Recipes are typed, complete, concise, well written, and consistent throughout	
Nutritional Analysis of Individual Recipes 0–7 points	0 Not provided	1 Minimal information provided	2 Analysis is incomplete	3 Analysis is complete, but format is not consistent, and missing several recipes	4–5 Analysis is complete, presented in a consistent format, and contains most recipes	presented in a	
TABLE DISPLA	Y AND ORAL	PRESENTATIO	ON				Points
Table Service 0–10 points	0 Not provided	1–2 Missing and/or inconsistent flatware, inappropriately placed on setting, does not reflect menu or theme	somewhat accurate to menu	5–6 Flatware somewhat reflects theme, some items misplaced, accurate to menu	7–8 Flatware reflects theme, minimal items misplaced, accurate to menu	9–10 Flatware reflects and matches theme, appropriately placed, accurate to menu	

Centerpiece 0–15 points	0 Not provided	1–2–3 Does not reflect theme, inappropriate size and height	4–5–6 Vaguely reflects theme, somewhat creative, appropriate size and height	7–8–9 Somewhat reflects theme, fairly creative, appropriate size and height	10–11–12 Somewhat reflects theme, decorative and visually pleasing, appropriate size and height	13–14–15 Reflects theme, creative, appropriate to meal service, appropriate size and height	
Place Setting 0–10 points	0 Not provided	1–2 Missing and/or inconsistent place setting, inappropriately placed on setting, does not reflect menu or theme	3–4 Place setting vaguely reflects theme, most place setting misplaced, somewhat accurate to menu	5–6 Place setting somewhat reflects theme, some items misplaced, accurate to menu	7–8 Place setting reflects theme, minimal items misplaced, accurate to menu	9–10 Place setting reflects and matches theme, appropriately placed, accurate to menu	
Menu Card 0–5 points	0 Not provided	1 Does not state title of the display and/or theme, inappropriate size, inaccurate to menu	2 Vaguely states title of the display and theme, card is appropriate size, missing several menu items	3 Somewhat states title of the display and theme, card is appropriate size, some errors on card	4 States title of the display and theme, card is appropriate size, accurate to menu, minimal errors	5 Clearly states title of the display and theme, appropriate size, well formatted with no errors, accurate to menu, shows creativity	
Oral Presentation- Rational for Theme/Display, Menu Related to Nutritional Analysis, Meal Appeal and Delivery 0-10 points	O Presentation is not done or presented briefly and does not cover components of the project	1–2 Presentation covers some topic elements	3–4 Presentation covers all topic elements, but with minimal information	5–6 Presentation gives complete information, but does not explain the project well	7–8 Presentation covers information completely, but does not flow well	9–10 Presentation covers all relevant information with a seamless and logical delivery	
Responses to Evaluators' Questions 0–5 points	0 Did not answer evaluators' questions	1 Unable to answer some questions	2 Responded to all questions, but without ease or accuracy	3 Responded adequately to all questions	4 Gave appropriate responses to evaluators' questions	5 Responses to questions were appropriate and given without hesitation	

Evaluator's Comments:

TOTAL

(90 points possible)

<b>#</b>	Evaluator #
l	Evaluator Initial
I	Room Consultant Initial