

**Sewing Construction**, an individual event, recognizes the participant who applies Apparel Construction skills learned in Family and Consumer Sciences courses. Participants may choose their own pattern containing 3 construction skills. Participants are required to develop a Fabric Profile and Cost Itemization.

## EVENT CATEGORIES

**Level 1:** through grades 6–8

**Level 2:** grades 9–10

## ELIGIBILITY AND GENERAL INFORMATION

1. Review “Eligibility and General Rules for All Levels of Competition” on page 85 prior to event planning and preparation.
2. Participant must have completed a course or be currently enrolled in a Family and Consumer Sciences program.
3. Participant must bring all necessary supplies and equipment.
4. Complete the Online Project Summary Form located on the “Surveys” tab of the FCCLA Portal, and provide signed proof of submission in the File Folder.
5. View the Online C-STAR Orientation Video found on the official California FCCLA website. Each entry must complete and submit the required form to the Room Consultant at the time of competition. Only one form per entry is required.

GENERAL INFORMATION								
Number of Participants per Entry	Prepare Ahead of Time	Equipment Provided	Competition Dress Code	Participant Set Up/Prep Time	Room Consultant & Evaluator Review Time	Maximum Construction Time	Evaluation Interview Time	Total Event Time
1	Fabric Profile, Cost Itemization, fabric cut out, mark the project, stay stitch, attach interfacing and pin as needed prior to orientation	Table space (3'x2') Iron and Ironing board for every 3 participants Electrical Access - Provided, but students need their own extension cord	Official dress	10 minutes	150 minutes	150 minutes	5 minute total 2 minutes for question after 3 minute presentation	150 minutes + 5 minutes presentation & review time per entrant

# Sewing Construction (Level 1, 2)

## Procedures and Time Requirements

Each entry will submit a file folder with the required documents to the event room consultant at the designated participation time. Each participant will be provided with a sewing space 3' wide by 2' deep.	
10 minutes	Participants have 10 minutes to wind a bobbin, thread the sewing machine, make sure the machine(s) works properly and have the cut pattern pieces checked. <b>EXCEPTION:</b> Serger may be threaded prior to orientation.
150 minutes	Participants have 150 minutes to complete their project. The participant will be given a 10-minute warning. Using his/her own fabric, the participant may cut out, mark the project, stay stitch, attach interfacing and pin as needed prior to orientation. <b>NOTE:</b> Pinking shears may not be used to cut out pattern pieces. Except for as noted in number 7 above, pinning, basting, and pressing for construction must be done during the construction period. Completed project will be turned in to designated area.
3 minutes	Participants will make a 3-minute presentation to include the skill areas chosen by competitor.
2 minutes	Following the presentation, evaluators will have an opportunity to ask follow up questions for up to 2 minutes.
5 minutes	Evaluators will have 5 minutes to evaluate each student's garment before scoring according to rubric.

## Specifications

### File Folder

Participant will submit one letter-size *file folder* containing three identical sets, with each set stapled separately, of the items listed below, in order, to the event Room Consultant at the designated participation time. The *file folder* must be labeled (either typed or handwritten) in the top left corner with name of event, event category, participant's name, and state.

1- 8 ½" x 11" page	<i>Project Identification Page</i>	Use <i>plain paper</i> , with no <i>graphics</i> or decorations; must include participant name, chapter name, school, city, state, event name, and title of project.
1- 8 ½" x 11" page	<i>FCCLA Planning Process Summary Page</i>	Summarize how each step of the <i>Planning Process</i> was used to execute the Fashion Construction project.
1- 8 ½" x 11" page	<i>Copy of Pattern with View</i>	Participant must provide a copy of their specified pattern and provide the view they have selected.
1- 8 ½" x 11" page	<i>Fabric Profile</i>	Contains a fabric swatch or swatches of each fabric used to make the project and all available information about the fiber content, fabric type, and fabric care.
1- 8 ½" x 11" page	<i>Skill Area Selection Chart</i>	Participant must check the 3 skills that best reflect the quality and difficulty of work accomplished on the Fashion Construction Skill Area Selection Chart.
1- 8 ½" x 11" page	<i>Cost Itemization</i>	Show a list of all patterns/supplies/notions used to make the product with quantities, unit costs, and total costs.

## Construction Skills

Construction	The construction should exhibit effective form and function.
Workmanship	The product should exhibit high quality workmanship and should be marketable.
Creativity	The design and product should reflect creativity, imagination, and innovation.

# Sewing Construction (Level 1, 2)

## C-STAR Point Summary Form

Name of Participant \_\_\_\_\_

Chapter \_\_\_\_\_ State CA Individual # \_\_\_\_\_ Station # \_\_\_\_\_ Level \_\_\_\_\_

**DIRECTIONS:**

1. Make sure all information at top is correct. If a student named is not participating, cross their name(s) off. If a team does not show, please write "No Show" across the top and return with other form.
2. Check participant's file folder using the criteria and standards listed below and fill in the boxes.
3. At the conclusion of construction period, participants will make a 3-minute presentation to include the skill areas chosen by competitor. Following the presentation, evaluators will have an opportunity to ask follow questions for up to 2 minutes.
4. At the conclusion of presentations, verify evaluator scores and fill in information below. Calculate the final score and ask for evaluators' verification. Place this form in front of the completed rubrics and paper clip all items related to the presentation together. Please do NOT staple.
5. At the end of competition in the room, double-check all scores and names to ensure accuracy. Sort results by team order and turn into the Lead or Assistant Lead Consultant.

ROOM CONSULTANT CHECK			Points
<b>C-STAR Dress Check</b> 0–3 points	<b>0</b> Clothing does not meet official dress requirements	<b>3</b> Clothing meets all official dress requirements	
<b>Event Online Orientation Documentation (video)</b> 0 or 1 points	<b>0</b> Official documentation not provided at presentation time or signed by adviser	<b>1</b> Official documentation provided at presentation time and signed by adviser	
<b>File Folder</b> 0–1 points	<b>0</b> File Folder is not present or presented with incorrect labeling	<b>1</b> File folder is present with correct label: name of event, event category, participant's name, and state	
<b>File Folder Pages</b> 0–4 points	<b>0</b> File Folder is not presented, exceeds the page limit, or does not have 3 copies of all paperwork	<b>2–3</b> <b>1 or more errors</b> <b>4</b> <b>no errors</b> File Folder is presented and contains 3 copies of all materials specifically including: <ul style="list-style-type: none"> <li>1 Project ID page</li> <li>1 Planning Process Summary Page</li> <li>1 Project Summary Submission Proof</li> <li>Copy of Pattern with View</li> </ul>	
<b>Punctuality</b> 0–1 point	<b>0</b> Participant did not attend or was late	<b>1</b> Participant attended and was on time	
<b>EVALUATORS' SCORES</b>			<b>ROOM CONSULTANT TOTAL</b> (10 points possible)
Evaluator 1 _____	Initials _____		
Evaluator 2 _____	Initials _____		
Evaluator 3 _____	Initials _____		
Total Score _____	divided by number of evaluators		<b>AVERAGE EVALUATOR SCORE</b> (90 points possible)
_____	= <b>AVERAGE EVALUATOR SCORE</b>		<b>FINAL SCORE</b> (Average Evaluator Score plus Room Consultant Total)

**RATING ACHIEVED** (circle one)      **Gold:** 90–100      **Silver:** 70–89.9      **Bronze:** 1–69.9

**VERIFICATION OF FINAL SCORE AND RATING** (please initial)

Evaluator 1 \_\_\_\_\_ Evaluator 2 \_\_\_\_\_ Evaluator 3 \_\_\_\_\_ Adult Room Consultant \_\_\_\_\_ Event Lead Consultant \_\_\_\_\_

# Sewing Construction (Level 1, 2)

## Rubric

Name of Participant \_\_\_\_\_

Chapter \_\_\_\_\_ State CA Individual # \_\_\_\_\_ Station # \_\_\_\_\_ Level \_\_\_\_\_

FILE FOLDER CONTENTS							Points
<b>FCCLA Planning Process Summary Page</b> 0–5 points	0 Planning Process Summary not provided	1 Inadequate steps in the Planning Process are presented	2 All Planning Process steps are presented, but not summarized	3 All Planning Process steps are summarized	4 Evidence that the Planning Process was utilized to plan project	5 The Planning Process is used to plan the project, each step is fully explained	
<b>Skill Area Selection Chart</b> 0–2 points	0 Fashion construction skills are not selected or provided		1 Less than (3) fashion construction skills are selected		2 (3) fashion construction skills are selected		
<b>Fabric Profile</b> 0–5 Points	0 Fabric information not provided	1–2 2 or more components missing and materials not suitable for garment	3 2 or more components are missing	4 One component is missing	5 All material samples included and are suitable for garment. Specifies fiber content, fabric type, and fabric care		
<b>Cost Itemization</b> 0–5 points	0 Fabric information not provided	1–2 2 or more components missing		3–4 1 component missing		5 Lists cost of all patterns, supplies, and notions used to make the product with quantities, unit costs, and total costs	
CONSTRUCTION							Points
<b>Observation of Equipment Use</b> 0–15 point	0–5 Student had little or no knowledge of equipment		6–9 Student has a basic understanding of equipment		10–14 Student is proficient with equipment		15 Student demonstrates advanced proficiency with equipment
<b>Time Management</b> 0–10 points	0–2 Student was far away from completion	3–4 Student was less than 90% of the way finished	5–7 Student was 90% of the way finished		8–9 Student finished right as time was called	10 Student completed project before time was called	
<b>Overall Quality of Workmanship</b> 0–15 points	0–3 Inappropriate techniques were used to complete the project		4–8 Unfinished seam and loose threads left on the project		9–13 There are no loose/unclipped threads, detailed finishing is complete, seam finishes are complete and consistent throughout project		14–15 Excellent quality of workmanship is evident. Students used advanced techniques to complete the project
<b>Stitching</b> 0–10 points	0–3 Inappropriate stitches were used to complete garment.		4–6 Stitches lessen durability of garment.		7–9 Most stitches are appropriate		10 Stitch size, type and tension are appropriate for garment
<b>Appearance of project and creativity</b> 0–10 points	0–3 Project has multiple imperfections		4–6 Project has visible imperfections		7–9 Project is neat and done to pattern guide specification		10 Project is neat with added creativity

# Sewing Construction (Level 1, 2)

PRESENTATION							Points
<b>Presentation Organization/ Delivery</b> 0–5 points	0 Presentation is not done or presented briefly and does not cover components of the project	1 Presentation covers some topic elements	2 Presentation covers all topic elements, but with minimal information	3 Presentation gives complete information, but does not explain the project well	4 Presentation covers information completely, but does not flow well	5 Presentation covers all relevant information with a seamless and logical delivery	
<b>Presentation; Knowledge of Construction</b> 0–5 points	0 Little or no evidence of knowledge	1 Minimal evidence of knowledge	2 Some evidence of knowledge	3 Knowledge of fashion construction is evident, but not effectively used in presentation	4 Knowledge of fashion construction is evident and shared at times in the presentation	5 Knowledge of fashion construction is evident and incorporated throughout the presentation	
<b>Body Language/ Clothing Choice</b> 0–3 points	0 Uses inappropriate gestures, posture or mannerisms, avoids eye contact/ inappropriate clothing	1 Gestures, posture, mannerisms and eye contact are inconsistent/ clothing is appropriate		2 Gestures, posture, mannerisms, eye contact, and clothing are appropriate	3 Gestures, posture, mannerisms, eye contact, and clothing enhance presentation		
<b>Evaluator's Comments - include two things done well and two opportunities for improvement:</b>							<b>TOTAL</b> (90 points possible)

Evaluator # \_\_\_\_\_

Evaluator Initial \_\_\_\_\_

Room Consultant Initial \_\_\_\_\_

# Sewing Construction (Level 1, 2)

## Skill Area Selection Chart

**INSTRUCTIONS:** Each participant’s project must represent the skills listed below. At participation time, each participant will turn in 3 copies of this page with the skills represented in the project checked. Participants should check the skills that best reflect the quality and difficulty of work accomplished. If participant checks more than the skills required for their division, then only the first 3 skills checked will be evaluated. If this form is not completed and turned in at the designated participation time, evaluators will be unable to complete the Skill Area Selection Chart Rubric, resulting in “0” points awarded. **If this form is not completed and turned in at the designated participation time, evaluators will be unable to complete the Skill Area Rubric, resulting in “0” points awarded.**

**Please Check Division:**

- Level 1: Grades 6–8
- Level 2: Grades 9–10

**Include in your garment a minimum of 3 fashion construction skills from those listed below.**

<input type="checkbox"/>	Sheer fabric or lace overlay
<input type="checkbox"/>	Napped fabric or one-way print
<input type="checkbox"/>	Darts, tucks, and/or pleats
<input type="checkbox"/>	Gathering
<input type="checkbox"/>	Seam finish—stitched & pinked, bound, or serged
<input type="checkbox"/>	French, flat-felled, lapped, or slot seam
<input type="checkbox"/>	Shaped seams—princess or eased
<input type="checkbox"/>	Graded, trimmed, clipped, and/or notched seams
<input type="checkbox"/>	Set-in, raglan, or kimono sleeves
<input type="checkbox"/>	Shoulder or spaghetti straps
<input type="checkbox"/>	Zipper—centered, lapped, or invisible
<input type="checkbox"/>	Buttons—shank or sew-through
<input type="checkbox"/>	Buttonholes—hand or machine, bound
<input type="checkbox"/>	Collar, placket, tabs, or epaulets
<input type="checkbox"/>	Waistband or sleeve band
<input type="checkbox"/>	Pockets—patch, inseam, or welt
<input type="checkbox"/>	Facings—neckline, armhole, or hemline
<input type="checkbox"/>	Boning
<input type="checkbox"/>	Lining
<input type="checkbox"/>	Closures – grommets, hooks, eyes, snaps
<input type="checkbox"/>	Hand stitching other than hemming
<input type="checkbox"/>	Blind-stitched or rolled hem
<input type="checkbox"/>	Embellishments—applique, felting, smocking, piping, beading, or trims
<input type="checkbox"/>	Other (please list any advanced technique used)—